

# Health Advisors parent workshop

## Healthy & fussy eating



Our service is open to all families of primary school-aged children across Greenwich. We advise and support in child health issues such as healthy weight, toileting, fussy eating, behaviour, sleep...

We are inviting SOUTHRISE families to come and meet with health advisors and learn how we can work together to support a healthy a varied diet.

**YOUNG  
GREENWICH**



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Date: Thursday 19<sup>th</sup> March 2026

Time: 9 am

Value: Southrise Primary school

Oxleas  
NHS

