

## New Autumn Winter Menu [ 30/10/2023 ]

Chartwells, our school meal provider, will be launching their exciting new Autumn/Winter menu after the half term holiday. Full of hearty, flavoursome recipes that have been lovingly created by a team of chefs and nutritionists, these dishes are packed with all the things children need to grow strong and healthy. Plus, they have been given the thumbs up by children so are really tasty too.



## **School Meals FAQ**

## What is included in a school meal?

Every day, you can be assured that a school meal will offer:

- At least two portions of fruit and vegetables
- Dairy food items rich in calcium for strong bones and teeth
- Starchy carbohydrates to provide energy
- A protein source to support the body's growth and repair.

All children in our school are entitled to a delicious hot meal for free.

## What if my child has an allergy or special diet?

Our primary objective is to keep our pupils - your children – safe every day when enjoying their school meals. We take allergies very seriously and, supported by our robust Medical Diet Policy, we've taken every step to ensure that as many children as possible living with food allergies and intolerance can eat safely at school with their friends. To find out more please email: <a href="mailto:chartwells.medicaldiets@compass-group.co.uk">chartwells.medicaldiets@compass-group.co.uk</a>